

Patient Instructions for Benzoyl Peroxide and Doxycycline

We are taking steps to even further decrease the risk of post-operative infection after your shoulder surgery.

Benzoyl Peroxide 5% Cream

This applies to all shoulder surgeries. Benzoyl Peroxide should be applied over the entirety of the shoulder twice daily for 3 days prior to surgery and the morning of surgery. You do not need to apply to the armpit. Upon scheduling any shoulder surgery, our office will provide you with a jar of Benzoyl Peroxide 5% cream. If you schedule by phone and live far from our offices, you may also purchase this over the counter at any drug store or a prescription may be written for you. Please be aware that higher percentages than 5% will bleach your clothing.

Doxycycline 100mg

This antibiotic will only be prescribed to patients undergoing total shoulder arthroplasty or reverse total shoulder arthroplasty. Our office will prescribe this antibiotic to be taken twice daily starting 2 days prior to surgery, the day of surgery, and 2 days post op. If you are allergic to Doxycycline or Tetracycline antibiotics, please be sure to notify our office and we will not prescribe them.