

Grant H. Garcia, MD

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Seattle, WA 98103

Office Number: 206-633-8100

**Home Town:** Mercer Island, Washington

**Education**

2008 – 2012 M.D. University of Pennsylvania (School of Medicine)

*Philadelphia, PA*

2004 – 2008 B.A. Brown University (Biology & Economics)

*Providence, RI*

**Work Experience:**

2018 – Present Orthopedics Sports & Shoulder Surgeon at Orthopedic Specialists of Seattle

2017 – 2018 Orthopedic Surgery Sports Medicine Fellowship at Rush Medical Center

2017 Mini Shoulder Fellowship in Nice & Lyon, France

2013 – 2017 Orthopedic Surgery Resident at Hospital for Special Surgery, Cornell Medical Center

2013 – 2017 Clinical Associate in Orthopedic Surgery at Weill Cornell Medical College

2012 – 2013 General Surgery Intern at NY Presbyterian Hospital-Weill Cornell Medical Center

**Appointments**

2017-Present Reviewer for *AJSM*

2016-Present Associate Editor for *BMC Musculoskeletal Disorders: Orthopedics-Sports/Shoulder Section*

2016-Present Reviewer for *JSES*

2017-Present Member of AOSSM

2016-Present Member of AANA

2016-Present Member of AAOS

2013-Present Reviewer for *Orthopedics*

2017-2018 Reviewer for *Cartilage*

2017-2018 Reviewer for *Sports Health*

2017-2018 Reviewer for *JAAOS*

2017-2018 Reviewer for Wolters Kluwer Health: Medical Practice Book: 6 Chapters in Baseball Injuries

2016-2017 Associate Editor for *Orthopedics Today*

2011-2012 Co-President of The UPenn Leo Leung Orthopedic Society (LLOS)

2010-2011 3<sup>rd</sup> Year Medical Student Leader of The UPenn Leo Leung Orthopedic Society (LLOS)

**Team Coverage:**

2018-Present Shoreline Community College Team Physician

2018-Present Edmunds Community College Team Physician

2018-Present Team Physician Mercer Island High School Varsity Football

2017-2018 Assistant Team Physician Chicago White Sox's

2017-2018 Assistant Team Physician Chicago Bulls

2017-2018	Assistant Team Physician Chicago Fire Professional Soccer Team
2017-2018	Assistant Team Physician Chicago Steel Hockey
2017-2018	Team Physician for North Fraction High School Varsity Football
2015-2016	Team Physician for LI City Varsity Football

### Grants

2015	HSS Sports Grant For Accuracy of Suture Passage during Arthroscopic Remplissage (\$6,000)
2015	HSS Sports Grant For Cadaveric Hill-Sachs Reduction Study (\$27,700)
2011	Co-Collaborator and Grant Writer for Penn Orthopedics First Cadaver Study (\$5,000)
2010	Penn Orthopedic Research Grant For MRI Remplissage Project (\$8,800)
2009	National Heart, Lung & Blood Institute (NHLBI) Summer Research Grant (\$3,400)

### Honors / Awards / Membership in Societies

2016	EOA/EOEF Resident/Fellow Research Grant Award
2016-present	Member of Arthroscopy Association of North America
2016	AANA resident scholarship for 2016 Annual Meeting
2015	EOA/EOEF Resident/Fellow Research Grant Award
2010-present	Member American Academy for Orthopedic Surgeons
2007-2008	Sigma Xi Honor Society, Brown University
2008	Magna Cum Laude, Brown University
2007-2008	Captain of Brown University Varsity Men's Swim Team
2006-2008	Scholastic All-American Brown University

### Publications, Peer-Reviewed

1. Agarwalla A, Liu JN, Garcia GH, Gowd AK, Puzzitiello RN, Yanke AB, Cole BJ. "Return to Sport Following Isolated Lateral Opening Wedge Distal Femoral Osteotomy".  
*Accepted to Cartilage: April 2020.*
2. Agarwalla A, Christian DR, Liu JN, Garcia GH, Redondo ML, Gowd AK, Yanke AB, Cole BJ. "Return to Sport Following High Tibial Osteotomy with Concomitant Osteochondral Allograft Transplantation".  
*Accepted to AJSM: Feb 2020*
3. Cvetanovich GL, Naylor AJ, O'Brien M, Waterman BR, Garcia GH, Nicholson GP. Anatomic Total Shoulder Arthroplasty with an Inlay Glenoid Component: Clinical Outcomes and Return to Activity  
*Accepted to JSES: October 2019*
4. Agarwalla A, Christian DR, Liu JN, Garcia GH, Redondo ML, Gowd AK, Yanke AB, Cole BJ. "Return to Work Following High Tibial Osteotomy with Concomitant Osteochondral Allograft Transplantation".  
*Accepted to Arthroscopy: April 2019.*
5. Liu JN, **Agarwalla A**, Garcia GH, Christian DR, Redondo ML, Yanke AB, Cole BJ. "Return to Sport Following Isolated High Tibial Osteotomy."

*Accepted to The Knee Journal: August 2019.*

6. Puzzitiello RN, Liu JN, **Garcia GH**, Redondo ML, Christian DR, Yanke AB, Cole BJ. Return to Sport after concomitant Meniscus allograft transplantation with distal femoral osteotomy.  
*Accepted to Arthroscopy July 2019*
7. Forsythe B, Yanke A, Zuke W, Agarwalla A, Puzzitiello, **Garcia GH**, Verma N, Romeo A. Arthroscopic Suprapectoral and Open Subpectoral Biceps Tenodesis Produce Similar Outcomes: A Randomized Prospective Analysis  
*Accepted to Arthroscopy. July 2019*
8. **Garcia GH**, Gowd AK, Liu JN, Malaret MR, Cabarcas BC, Romeo AR. Return to Sport Following Hemiarthroplasty with Concentric Reaming vs Total Shoulder Arthroplasty: A Matched Pair Analysis.  
*Accepted to Orthopedics, In Press.*
9. Liu JN, Agarwalla A, **Garcia GH**, Christian DR, Gowd AK, Yanke AB, Cole BJ. “Return to Sport and Work Following High Tibial Osteotomy with Concomitant Medial Meniscal Allograft Transplant”.  
*Accepted to Arthroscopy: May 2019.*
10. Gowd AK, Liu JN, **Garcia GH**, Cabarcas BC, Agarwalla A, Nicholson GP, Romeo AA. Figure-of-Eight Reconstruction of the Sternoclavicular Joint: Outcomes of Sport and Work.  
*Accepted to Orthopedics. In Press.* Blue Ribbon Award Winner
11. Agarwalla A, Christian DR, Liu JN, **Garcia GH**, Redondo ML, Yanke AB, Cole BJ. “Return to Work Following Isolated Opening Wedge High Tibial Osteotomy.”  
*Accepted to Cartilage: April 2019.*
12. Liu JN, **Garcia GH**, Gowd AK, Mahony G, Sinatro A, Wu H, Dines DM, Warren RF, Gulotta LV. Return to Work after Shoulder Replacement for Glenohumeral Osteoarthritis is Similar when Hemiarthroplasty is compared to Total Shoulder Arthroplasty.  
*Accepted to HSS Journal. In Press.*
13. Gowd, A, Liu JN, **Garcia GH**, Cole BJ, Romeo AA, Nicholson G, Forsythe B, Verma NN, *Analysis of Return to Sport and Exercise Following Repair of the Pectoralis Major*  
*Accepted to AJSM. Proof Pending*
14. Gowd AK, Liu JN, Bohl DD, Agarwalla A, Cabarcas BC, Manderle BJ, **Garcia GH**, Forsythe B, Verma NN. *Operative time as an independent and modifiable risk factor for short term complications following knee arthroscopy.*  
*Accepted to Arthroscopy. 2019 Jan. In Press.*
15. Fu M, Ondeck N, Nwachukwu B, **Garcia G**, Gulotta L, Verma N, Grauer J. *Associations Between Comorbidity Indices and Postoperative Adverse Events Following Total Shoulder Arthroplasty Have Poor Receiver Operating Characteristics*  
*Accepted to CORR Proof Pending*
16. Agarwalla, A, Gowd, A, Liu JN, **Garcia GH**, Cole BJ, Verma NN, Forsythe B. *The Effect on Operative Time on Short-Term Adverse Events Following Isolated Anterior Cruciate Ligament Reconstruction.*

*Accepted OJSM Proof Pending*

17. Gowd AK, Liu JN, **Garcia GH**, Cabarcas BC, Manderle BJ, Verma NN. *Open Biceps Tenodesis is Associated with Slightly Greater Short-Term Complications than Arthroscopic: Propensity Matched Analysis of the NSQIP Database. Arthroscopy. In Press.*
18. **Garcia GH**, Gowd AK, Cabarcas B, Liu JN, Romeo A, Verma NK. *Asymptomatic MRI Findings of the Elbow Predict Injury and Surgery in Major League Baseball Pitchers Accepted OJSM Proof Pending*
19. Gowd AK, **Garcia GH**, Liu JN, Malaret M, Cabarcas B, Romeo AA. Comparative Analysis of Work-Related Outcomes in Hemiarthroplasty with Concentric Glenoid Reaming and Total Shoulder Arthroplasty *JSES*, 2018 Sep 27. pii: S1058-2746(18)30553-6. PMID: 30269934.
20. Gowd AK, Liu JN, Cabarcas BC, Cvetanovich GL, **Garcia GH**, Verma NN. Analysis of Publication Trends for the 2011-2015 American Orthopaedic Society for Sports Medicine Annual Meeting Abstracts. *OJSM*. 2018 Sep 7;6(9):2325967118792851. PMID: 30211245
21. Gowd AK, Liu JN, Cabarcas BC, Cvetanovich GL, **Garcia GH**, Verma NN. Current Concepts in Operative Management of Acromioclavicular Dislocation: Systematic Review and Meta-Analysis of Operative Techniques. *American Journal of Sports Medicine*. 2018 Oct 1:363546518795147 PMID: 30272997.
22. **Garcia GH**, Liu JN, Wong AC, Gowd AK, Romeo AA, Dines JS, Gulotta LV. The Shoulder Self-Administered Motion Evaluation Has Excellent Patient Reliability and Reproducibility on Both Physician and Repeat Follow-up Testing. *Orthopedics*. 2018 Sep 17:1-7. doi: 10.3928/01477447-20180912-08. PubMed PMID: [30222789](https://pubmed.ncbi.nlm.nih.gov/30222789/)
23. Gowd AK, Liu JN, Cabarcas BC, **Garcia GH**, Cvetanovich GL, Verma NN. Management of Recurrent Anterior Shoulder Instability with Bipolar Bone Loss: A Systematic Review to Assess Critical Bone Loss Amounts. *Am J Sports Med*. 2018 Aug 27:363546518791555 PMID: 30148653.
24. Gowd Liu JN, Gowd AK, **Garcia GH**, Cvetanovich GL, Cabarcas BC, Verma NN. Recurrence Rate of Instability after Remplissage for Treatment of Traumatic Anterior Shoulder Instability: A Systematic Review in Treatment of Subcritical Glenoid Bone Loss. *Arthroscopy*. 2018 Sep 5. pii: S0749-8063(18)30452-3. PMID: 30195960.
25. Cabarcas BC, **Garcia GH**, Gowd AK, Liu JN, Romeo AA. Arthroscopic Superior Capsular Reconstruction and Over-the-Top Rotator Cuff Repair Incorporation for Treatment of Massive Rotator Cuff Tears. *Arthrosc Tech*. 2018 Jul 16;7(8):e829-e837 PMID: 30167361;
26. Gowd AK, Cvetanovich GL, Liu JN, Cabarcas B, **Garcia GH**, Verma N. Arthroscopic Remplissage. *Techniques in Shoulder & Elbow Surgery*. 2018 Dec 1;19(4):194-6

27. Gowd AK, Liu JN, **Garcia GH**, Cabarcas BC, Verma NN. Arthroscopic Massive Rotator Cuff Repair and Techniques for Mobilization.  
*Arthrosc Tech.* 2018 May 14;7(6):e633-e638. doi: 10.1016/j.eats.2018.02.013. eCollection 2018 Jun. PubMed PMID: 29955569
28. Cabarcas BC, **Garcia GH**, Liu JN, Gowd AK, Romeo AA. Double-Row Arthroscopic Subscapularis Repair: A Surgical Technique.  
*Arthrosc Tech.* 2018 Jul 2;7(8):e805-e809. doi: 10.1016/j.eats.2018.03.020. eCollection 2018 Aug. PubMed PMID: 30167357; PubMed Central PMCID: PMC6112313.
29. Apostolakos J, **Garcia GH**, Liu JN, Dines JS, Romeo AA. Arthroscopic Soft-Tissue Reconstruction in Anterior Shoulder Instability: Journal Der Orthopäde, Issue: Aktueller Stand und Innovationen in der rekonstruktiven Schulterchirurgie  
*Accepted to Journal Der Orthopäde: Proof Pending*
30. Puzzitiello, RN, Agarwalla A, Zuke W, **Garcia GH**, Forsythe B: New ACL Technique: B-TCP Bone Graft Substitute for BTB Donor Sites  
*Accepted to Arthroscopy Technique: Proof Pending*
31. Agarwalla A, Puzzitiello, RN, Zuke W, **Garcia GH**, Forsythe B: Diagnosis of Injury to the Anterolateral Ligament in Patients with Anterior Cruciate Ligament Injuries: A Systematic Reviews  
*Accepted to Arthroscopy: Proof Pending*
32. Liu JN, **Garcia GH**, Wong AC, Sinatro A, Wu HH, Dines DM, Warren RF, Gulotta LV. Return to Work after Anatomic Total Shoulder Arthroplasty for Patients Age 55 and Under: Average 5 year Follow Up  
*Orthopedics.* 2018 May 1;41(3):e310-e315. doi: 10.3928/01477447-20180213-08. Epub 2018 Feb 19. PMID: 29451941
33. Corpus KT, **Garcia GH**, Liu JN, Dines DM, O'Brien SJ, Dines JS, Tayler SA. Long Head of Biceps Tendon Management: A Survey of the American Shoulder and Elbow Surgeons  
*HSS J.* 2018 Feb;14(1):34-40. doi: 10.1007/s11420-017-9575-3. Epub 2017 Oct 13. PMID: 29398992
34. Liu JN, **Garcia GH**, Gowd AK, Cabarcas BC, Charles MD, Romeo AA, Verma NN. Treatment of Partial Thickness Rotator Cuff Tears in Overhead Athletes:  
*Curr Rev Musculoskelet Med.* 2018 Jan 13. doi: 10.1007/s12178-018-9459-2. PMID: 29330670
35. Liu JN, Wu HH, **Garcia GH**, Kalbian I, Strickland S, Shubenstein B. Return to Sport after Tibial Tubercle Osteotomy for Patellofemoral Pain and Osteoarthritis  
*Arthroscopy.* 2017 Dec 8. pii: S0749-8063(17)31210-0. doi: 10.1016/j.arthro.2017.09.021 PMID: 29229415
36. Johnson C, Johnson D, **Garcia GH**, Degen R, Wang D, Williams R. High Short-Term Failure Rate Associated with Decellularized Osteochondral Allograft for Treatment of Knee Cartilage Lesions  
*Arthroscopy.* 2017 Dec;33(12):2219-2227. doi: 10.1016/j.arthro.2017.07.018. PMID: 28967543

37. Hurwit D, **Garcia GH**, Liu JN, Altchek D, Romeo A, Dines JS. Management of UCL Injury in Throwing Athletes: A Survey of the American Shoulder and Elbow Surgeons  
*J Shoulder Elbow Surg.* 2017 Nov;26(11):2023-2028. doi: 10.1016/j.jse.2017.08.005. PMID: 28941974
38. **Garcia GH**, Liu JN, Wong A, Cordasco F, Dines JS, Dines DM, Gulotta LV, Warren RF. Hyperlipidemia Increases the Risk of Re-Tear After Arthroscopic Rotator Cuff Repair  
*J Shoulder Elbow Surg.* 2017 Dec;26(12):2086-2090. doi: 10.1016/j.jse.2017.05.009. PMID: 28735844
39. Kahlenberg C, **Garcia GH**, Liu JN, Degen R, Dines JS. "The Intra-Articular "Wave Sign" as a Landmark for Suture Anchor Placement in Arthroscopic Remplissage"  
*Orthopedics.* 2017 Jun 29;1-5. doi: 10.3928/01477447-20170619-03. PMID: 28662251
40. Liu JN, Steinhaus M, **Garcia GH**, Chang B, Gulotta L. "Return to Sports After Shoulder Arthroplasty: A Systematic Review and Meta-Analysis"  
*Knee Surg Sports Traumatol Arthrosc.* 2017 Apr 13. doi: 10.1007/s00167-017-4547- PMID 28409200
41. Liu JN, **Garcia GH**, Weeks D, McFarland L, Limpivasti O, Dines JS. "Treatment of Grade III Acromioclavicular Separations in Professional Baseball Pitchers: A Survey of Major League Baseball Team Physicians"  
*Accepted to American Journal of Orthopedics, Proof Pending*
42. **Garcia GH**, Degen R, Liu JN, Kahlenberg C, Hurwit D, Dines JS. "The "Safe Zone" Technique Improves Suture Placement and Accuracy During Arthroscopic Remplissage"  
*Orthopedics.* 2017 Apr 18;1-6. doi: 10.3928/01477447-20170411-05. Epub PMID: 28418576
43. **Garcia GH**, Liu JN, Sinatro A, Wu HH, Dines JS, Warren R, Dines D, Gulotta L. High Satisfaction and Return to Sports After Total Shoulder Arthroplasty: Age 55 and Younger  
*Am J Sports Med.* 2017 Mar 1:363546517695220. Epub PMID: 28319426
44. **Garcia GH**, Degen RM, Bui CN, McGarry MH, Lee TQ, Dines JS. Biomechanical comparison of acute Hill-Sachs reduction with remplissage to treat complex anterior instability.  
*J Shoulder Elbow Surg.* 2017 Jan 25. pii: S1058-2746(16)30623-1. PMID: 28131690
45. Hurwit DJ, Liu JN, **Garcia GH**, Mahony G, Wu HH, Dines DM, Warren RW, Gulotta LV. A Comparative Analysis of Work-Related Outcomes after Humeral Hemiarthroplasty and Reverse Total Shoulder Arthroplasty.  
*J Shoulder Elbow Surg.* 2017 Jan 11. pii: S1058-2746(16)30535-3. PMID: 28089256
46. Wu HH, Dines J, Kelly JK, **Garcia GH**. Depression and psychiatric disease associated with outcomes after anterior cruciate ligament reconstruction. Invited Review.  
*World J Orthop.* 2016 Nov 18;7(11):709-717. Review. PMID: 27900267
47. Johnson CC, **Garcia GH**, Liu JN, Stepan JG, Patel RM, Dines JS. Internet Resources for Tommy John Injuries: What are patients reading?  
*J Shoulder Elbow Surg.* 2016 Dec;25(12):e386-e393. doi: 10.1016/j.jse.2016.07.073. PMID: 27745805

48. **Garcia GH**, Liu JN, Degen RM, Johnson CC, Wong A, Dines DM, Gulotta LV, Dines JS. Higher Critical Shoulder Angle Increases the Risk of Re-Tear After Rotator Cuff Repair  
*J Shoulder Elbow Surg.* 2016 Sep 1. pii: S1058-2746(16)30236-1. PMID: 27594085
49. Johnson CC, Johnson DJ, Liu JN, Dines JS, Dines DM, Gulotta LV, **Garcia GH**. Return to sports after shoulder arthroplasty. Invited Review.  
*World J Orthop.* 2016 Sep 18;7(9):519-26. PMID: 27672564
50. **Garcia GH**, Degen R, Liu JN, Kahlenberg, C; Dines JS. Accuracy of Suture Passage during Arthroscopic Remplissage: What Anatomic Landmarks Can Improve It? A Cadaveric Study  
*Orthop J Sports Med.* 2016 Aug 22;4(8):2325967116663497. PMID: 27606326
51. **Garcia GH**, Fu M, Webb M, Dines D, Craig E, Gulotta L. The effect of Obesity and Metabolic Syndrome on Early Complications and Length of Stay After Total Shoulder Arthroplasty  
*Orthopedics.* 2016 May 23:1-8 PMID: 27220114  
**Blue Ribbon Article Selection**
52. **Garcia GH**, Taylor S, Fabricant P, Dines JS. Shoulder Instability Management: A Survey of the American Shoulder and Elbow Society  
*Am J Orthop (Belle Mead NJ).* 2016 Mar-Apr; 45(3):E91-7. PMID: 26991589
53. **Garcia GH**, Liu JN, Mahony G, Sinatro A, Wu HH, Craig E, Warren R, Dines D, Gulotta L. Hemiarthroplasty versus Total Shoulder Arthroplasty For Shoulder Osteoarthritis: A Matched Comparison of Return to Sports  
*Am J Sports Med.* 2016 Mar 9. pii: 0363546516632527. PMID: 26960913
54. **Garcia GH**, Wu H, Liu JN Huffman GR, Kelly J. Outcomes of The Remplissage Procedure and Its Effects on Return to Sports: Average Five-Year Follow Up  
*Am J Sports Med.* 2016 Feb 17. pii: 0363546515626199. PMID: 26888881  
**\*Selected as featured article and podcast recorded**
55. Liu JN, **Garcia GH**, Mahony G, Wu H, Warren R, Craig E, Gulotta L. Sports after Shoulder Arthroplasty: A Comparative Analysis of Hemiarthroplasty and Reverse Total Shoulder Replacement  
*J Shoulder Elbow Surg.* 2016 Feb 4. doi: 10.1016/j.jse.2015.11.003. PMID: 26853758
56. **Garcia GH**, Taylor S, Mahony G, DePalma B, Grawe B, Dines J, Dines D, Warren R, Craig E, Gulotta L. Reverse Total Shoulder Arthroplasty and Work Related Outcomes  
*Orthopedics.* 2016 Jan 22: 1-6. PMID: 26811957
57. Johnson CC, **Garcia GH**, Garner MR, Marx RG. Quality of Life following ACL Reconstruction: Baseline predictors of patient-reported outcomes; An Evidence Based Review.  
*HSS J.* 2016 Feb;12(1):94-7. doi: 10.1007/s11420-015-9473-5 Review. PMID: 26855636
58. **Garcia GH**, Mahony G, Fabricant P, Wu H, Warren R, Craig E, Gulotta L. Sports and Work Related Outcomes after Shoulder Hemiarthroplasty  
*Am J Sports Med.* 2016 Feb;44(2):490-6 .PMID: 26657261  
**\*Selected as featured article and podcast recorded**

59. Liu JN, **Garcia GH**, Conte S, ElAttrache N, Altchek D, Dines JS. Outcomes in Revision Tommy John Surgery in Major League Baseball Pitchers  
*J Shoulder Elbow Surg.* 2016 Jan; 25(1)90-7 PMID: 26687472
60. **Garcia GH**, Wu H, Park MJ, Tucker B, Tjoumakaris F, Kelly J, Sennett B. Depression Symptomatology and Anterior Cruciate Ligament Injury: Incidence and Effect on Functional Outcome, A Prospective Cohort Study.  
*Am J Sports Med.* 2015 Dec 1. PMID: 26628516  
*\*Selected as featured article for editorial in AJSM - Psyched Down: AJSM 2016 44:569*
61. **Garcia GH**, Fu M, Warren R, Craig E, Gulotta L. Malnutrition: A Marker for Increased Complications, Mortality and Length of Stay After Total Shoulder Arthroplasty  
*J Shoulder Elbow Surg.* 2016 Feb; 25(2): 193-200 PMID: 26456427
62. **Garcia GH**, Taylor S, DePalma B, Mahony G, Grawe B, Dines J, Dines D, Warren R, Craig E, Gulotta L. Patient Activity Levels After Reverse Total Shoulder Arthroplasty: What Are Patients Doing?  
*Am J Sports Med.* 2015 Nov;43(11):2816-21 PMID: 26316610
63. **Garcia GH**, Liu JN, Dines DM, Dines JS. Effect of bone loss in anterior shoulder instability.  
*World J Orthop* 2015 Jun 18; 6(5): 421-33 PMID: 26085984
64. **Garcia GH**, Park MJ, Zhang C, Kelly J, Huffman GR. Large Hill-Sachs Lesion: a Comparative Study of Patients Treated with Arthroscopic Bankart Repair with or without Remplissage.  
*HSS Jrnl.* 2015 Jul;11(2):98-103. PMID: 26140027
65. **Garcia GH**, Taylor SA, Dy CJ, Christ A, Patel RM, Dines JS. Online Resources for Shoulder Instability: What are patients reading?  
*J Bone Joint Surg Am.* 2014 Oct 15;96(20):e177 PMID: 25320207
66. **Garcia, GH**, Elizabeth Gausden, Samuel A. Taylor, David M. Dines, and Joshua S. Dines. "Arthroplasty for Proximal Humerus Fractures: A Review of Current Management."  
*Techniques in Orthopaedics*, 2013 Dec 28(4): 324-332. DOI: 10.1097/BTO.0000000000000028
67. **Garcia GH**, Park MJ, Baldwin KB, Flynn J, Spiegel DA. Do Routine Radiographs Within The First Two Years Following Pediatric Posterior Spinal Fusion Prompt Revision Surgery?  
*Spine (Phila Pa 1976)*, 2013 Dec 1;38(25):2216-20 PMID: 24048089
68. **Garcia G**, Park MJ, Baldwin KB, Fowler J, Tjoumakaris FP, Kelly JD. Comparison of Arthroscopic Osteochondral Substitute Grafting and Remplissage for Engaging Hill-Sachs Lesions  
*Orthopedics*, 2013 Jan 1; 36(1): e38-e43 PMID: 23276350
69. Park MJ, **Garcia G**, Malhotra A, Major N, Tjoumakaris FP, Kelly JD 4th. The Evaluation of Arthroscopic Remplissage by High Resolution MRI  
*American Journal of Sports Medicine.* 2012 Oct; 40(10): 2331-6. PMID: 22915480
70. Park MJ, Tjoumakaris FP, **Garcia G**, Patel A, Kelly JD. Arthroscopic Remplissage with Bankart Repair for the Treatment of Glenohumeral Instability with Hill-Sachs Defects.  
*Arthroscopy.* 2011 Sep;27(9):1187-94. PMID: 21820842



71. Bernstein J, **Garcia GH**, Guevara JL, Mitchell GW. Progress Report: The Prevalence of Required Medical School Instruction in Musculoskeletal Medicine at Decade's End. *Clinical Orthopedic Related Research*. 2011 Mar; 496(3): 895-897. PMID: 20683689
72. Ionescu LC, Lee GC, **Garcia GH**, Zachary TL, Shah RP, Sennett BJ, Mauck RL. Maturation State Dependent Alterations in Meniscus Integration: Implications for Scaffold Design and Tissue Engineering. *Tissue Engineering Part A*. 2011 Jan; 17(1-2): 193-204. PMID: 20712419.

### News and Magazine Articles

1. Gowd A, **Garcia GH**, Romeo A. Return to Sport Following Hemiarthroplasty with Concentric Reaming vs Total Shoulder Arthroplasty: A Matched Pair Analysis. Orthopedics Today. Aug 2019 Issue  
*Proof Pending*
2. **Garcia GH**, *A Concise Shoulder Outcome Measure Application of Computerized Adaptive Testing of the ASES Shoulder Assessment: Commentary* Orthopedics Today  
<https://www.healio.com/orthopedics/shoulder-elbow/news/online/%7B188016ac-0298-4df0-a693-cd10ad38d5a1%7D/ases-computerized-adaptive-testing-system-reliable-for-assessing-outcomes>
3. Romeo, AA, **Garcia GH**: *Take it Easy: A Surgeon Perspective for Return to Sports after Joint Arthroplasty*, Guest Commentary Orthopedics Today  
*Proof Pending*
4. **Garcia GH**, Gulotta LV. “Nearly All Shoulder Replacements Under Age 55 Return to Sports” AAOS 2017 Annual Meeting Media Program/Science Daily. March 2017.  
<https://www.sciencedaily.com/releases/2017/03/170314081640.htm>
5. **Garcia GH**, Kelly J. “High rate of return to sports seen after remplissage” Orthopedics Today. Aug 2016 [http://www.healio.com/orthopedics/sports-medicine/news/online/%7B53989201-1e0e-4995-bec8-aec1ee4a06c6%7D/high-rate-of-return-to-sports-seen-after-remplissage?ecp=&dul&utm\\_source=maestro&utm\\_medium=email&utm\\_campaign=orthopedics+news](http://www.healio.com/orthopedics/sports-medicine/news/online/%7B53989201-1e0e-4995-bec8-aec1ee4a06c6%7D/high-rate-of-return-to-sports-seen-after-remplissage?ecp=&dul&utm_source=maestro&utm_medium=email&utm_campaign=orthopedics+news)
6. *Liu JN, Garcia GH, Gulotta L.* “Higher rate of return to sports seen with reverse TSA vs hemiarthroplasty” Orthopedics Today. Aug 2016. [http://www.healio.com/orthopedics/shoulder-elbow/news/online/%7Bdc2eb93c-bb40-41f6-b93e-bbe802a56e7c%7D/higher-rate-of-return-to-sports-seen-with-reverse-tsa-vs-hemiarthroplasty?ecp=&dul&utm\\_source=maestro&utm\\_medium=email&utm\\_campaign=orthopedics+news](http://www.healio.com/orthopedics/shoulder-elbow/news/online/%7Bdc2eb93c-bb40-41f6-b93e-bbe802a56e7c%7D/higher-rate-of-return-to-sports-seen-with-reverse-tsa-vs-hemiarthroplasty?ecp=&dul&utm_source=maestro&utm_medium=email&utm_campaign=orthopedics+news)
7. **Garcia GH**, Gulotta L. “Sports and Work After Shoulder Hemiarthroplasty” Orthopedics Today. June 2016 <http://www.healio.com/orthopedics/sports-medicine/news/print/orthopedics-today/{fe3e2e55-a58d-4a08-a905-f61a2f323a1d}/study-reports-on-return-to-work-play-after-shoulder-hemiarthroplasty>

8. **Garcia GH**, Gulotta L. “Malnutrition Increasing Complications in TSA” *Orthopedics Today*. August 2016. <http://www.healio.com/orthopedics/shoulder-elbow/news/print/orthopedics-today/%7B7590f018-b071-4752-b1d7-41a6f6f43d8c%7D/malnourished-patients-had-increased-risk-for-short-term-complications-after-tsa>
9. **Garcia GH**, Gulotta L. Reverse Total Shoulder Replacement Patients See 85 Percent Rate of Return to Sports. HSS main website. March 5. 2016. [https://www.hss.edu/newsroom\\_reverse-total-shoulder-replacement-patients-see-85-percent-rate-of-return-to-sports.asp](https://www.hss.edu/newsroom_reverse-total-shoulder-replacement-patients-see-85-percent-rate-of-return-to-sports.asp)
10. **Garcia GH**, Gulotta L. Featured authors for AJSM with recorded podcast on the blog: *American Journal of Sports Medicine: Author Spotlight*. Feb 2016.
11. Liu JN, **Garcia GH**, Conte S, ElAttrache N, Altchek D, Dines JS. “What we’ve missed about Tommy John Surgery” *ESPN.com April 2015 (Data used in article)*
12. Park MJ, **Garcia GH**, Malhotra A, Major NM, Kelly JD, Tjoumakaris FP. “Arthroscopic Remplissage successfully fills glenohumeral head defects, study finds”. *Orthopedics Today*. May 2012

### **Chapters:**

1. Hurwit D, Gulotta L, Dines J, **Garcia G**. Invited Chapter: “Management of Glenoid Bone Loss” *EFOST Surgical Techniques in Sports Medicine - Shoulder Surgery, Volume 1: Instability and Trauma 1st Edition*  
**Link:** [Amazon Book Link](#)
2. **Garcia GH**, Liu JN, Gowd AK, Carbarcas B, Romeo A. “Arthroscopic Double Row Subscapularis Repair”. *Video Atlas of Arthroscopic Rotator Cuff Repair*. Thieme Medical Publishers Inc.
3. Liu JN, Gowd A, Carbarcas B, **Garcia GH**, Verma N. “Revision Rotator Cuff Repair and Techniques for Mobilization”. *Video Atlas of Arthroscopic Rotator Cuff Repair*. Thieme Medical Publishers Inc.
4. Charles M, **Garcia GH**, Romeo A. “Shoulder Arthroplasty: Shoulder Osteoarthritis”. *Rotator Cuff Across the Lifespan (From RC Repair to Shoulder Arthroplasty)*. Springer Publishers
5. **Garcia GH**, Charles M, Romeo A. “Young Collegiate/Professional with Rotator Cuff damage (19-28)”. *Rotator Cuff Across the Lifespan (From RC Repair to Shoulder Arthroplasty)*. Springer Publishers
6. **Garcia GH**, Christian, DR, Redondo ML, Liu JN, Yanke AB, Cole BJ “Complications with Meniscal Allografts”. *Complications in Orthopedics: Sports Medicine*. Elsevier Publishers.
7. Liu JN, Gowd AK, **Garcia GH**, Yanke AB. Factors to Consider in Cartilage Treatment Associated with Patellar Instability: TTO and Soft Tissue Management. *Operative Techniques in Sports Medicine*
8. Manderle D, Beletsky A, Liu JN, **Garcia GH**, Verma N. “Open Latarjet Reconstruction: Tips for Success” *Operative Techniques in Sports Medicine*

### **Podium Presentations**

1. Liu JN, Gowd AK, **Garcia GH**, Manderle BJ, Cole BJ, Forsythe B, Verma NN Return to Sport and Exercise Following Repair of the Pectoralis Major Tendon  
ICSES Annual Meeting September 2019
2. Liu JN, Gowd AK, **Garcia GH**, Manderle BJ, Cole BJ, Forsythe B, Verma NN Return to Sport and Exercise Following Repair of the Pectoralis Major Tendon  
AOSSM Annual Meeting July 2019
3. Cabarcas BC, **Garcia GH**, Liu JN, Cvetanovich GL, Gowd AK, Manderle BJ, Verma NN, Romeo AA. *Superior Capsular Reconstruction Patients Have High Rates of Return to Sports and Similar Functional Outcomes Compared to a Reverse Shoulder Arthroplasty Matched Cohort.*  
AOSSM Annual Meeting July 2019
4. **Garcia GH**, Redondo M, Liu JN, Christian DR, Yanke AB, Cole BJ. *Anterior Cruciate Ligament Reconstruction with Concomitant Osteochondral Allograft Transplantation versus Anterior Cruciate Ligament Reconstruction: A Comparative Matched-Group Analysis of Return to Sport and Satisfaction*  
AOSSM Annual Meeting July 2019
5. Cvetanovich GL, Christian DR, **Garcia GH**, Liu JN, Redondo M, Southworth TM, Naveen NB, Yanke AB, Cole BJ. *Patient Satisfaction and Return to Sports after Meniscal Allograft Transplantation*  
AOSSM Annual Meeting July 2019
6. **Garcia GH**, Gowd AK, Carbarcas B, Liu JN, Romeo A, Verma NK. *Asymptomatic MRI Findings of the Elbow Predict Injury and Surgery in Major League Baseball Pitchers*  
AAOS Annual Meeting March 2019
7. Liu JN, Gowd AK, Carbarcas B, **Garcia GH**, Romeo A, Verma NK. Return to Sport after Distal Tibial Allograft Glenoid Reconstruction for Recurrent Anterior Shoulder Instability.  
AAOS Annual Meeting March 2019
8. Puzzitiello RN, Liu JN, **Garcia GH**, Redondo M, Christian D, Yanke A, Cole BJ. Return to Sport after Concomitant Meniscal Allograft Transplant and Distal Femoral Varus Osteotomy.  
AAOS Annual Meeting March 2019
9. Liu JN, Gowd AK, Carbarcas B, **Garcia GH**, Romeo A, Verma NK. *Return To Sport Following Latarjet Versus Distal Tibia Allograft For Anterior Shoulder Instability: A Matched Cohort Analysis*  
AAOS Annual Meeting March 2019
10. **Garcia GH**, Gowd AK, Carbarcas B, Liu JN, Romeo A, Verma NK. *Radiographic Predictors of Elbow Injury and Surgery in Major League Baseball Pitchers*  
ASES Closed Meeting October 2018
11. Liu JN, Gowd AK, Carbarcas B, **Garcia GH**, Romeo A, Verma NK. *Return To Sport Following Latarjet Versus Distal Tibia Allograft For Anterior Shoulder Instability: A Matched Cohort Analysis*  
ASES Closed Meeting October 2018

12. Fu MC, Ondeck NT, Nwachukwu BU, **Garcia GH**, Gulotta LV, Verma NN, Grauer JN. *“Risk Prediction for Complications Following Total Shoulder Arthroplasty: Comparison of Receiver Operating Characteristics for Demographic and Comorbidity Indices.”*  
EOA Annual Meeting October 2018
13. **Garcia GH**, Gowd AK, Carbarcas B, Liu JN, Romeo A, Verma NK. *Radiographic Predictors of Elbow Injury and Surgery in Major League Baseball Pitchers*  
AOSSM Annual Meeting July 2018
14. **Garcia GH**, Liu JN, Wu HH, Sinatro A, Wong A, Dines D, Warren R, Gulotta L. *High Satisfaction and Return to Sports after TSA: Age 55 And Younger*  
AOSSM Annual Meeting July 2017
15. Liu JN, Wu HH, **Garcia GH**, Kalbian I, Strickland S, Shubenstein B. *Return to Sport after Tibial Tubercle Osteotomy for Patellofemoral Pain and Osteoarthritis.*  
AANA Annual Meeting May 2017
16. **Garcia GH**, Degen R, Liu JN, Johnson CC, Wong A, Dines D, Gulotta L, Dines J. *Higher Critical Shoulder Angle Increases The Risk Of Re-Tear After Rotator Cuff Repair*  
AANA Annual Meeting May 2017
17. **Garcia GH**, Degen R, Liu JN, Kahlenberg, C; Hurwit, D; Dines JS. *The “Safe Zone” Technique Improves Suture Placement And Accuracy During Arthroscopic Remplissage: A Cadaveric Validation Of A Novel Technique*  
AANA Annual Meeting May 2017
18. **Garcia GH**, Degen R, Liu JN, Kahlenberg, C; Hurwit, D; Dines JS. *The “Safe Zone” Technique Improves Suture Placement And Accuracy During Arthroscopic Remplissage: A Cadaveric Validation Of A Novel Technique*  
AAOS Annual Meeting March 2017
19. **Garcia GH**, Liu JN, Wu HH, Sinatro A, Wong A, Dines D, Warren R, Gulotta L. *High Satisfaction and Return to Sports after TSA: Age 55 And Younger*  
AAOS Annual Meeting March 2017
20. Johnson C, **Garcia GH**, Liu JN, Patel R, Dines J. *Elbow UCL Injury: How Poor Are Online Resources?*  
Eastern Orthopedic Association Oct 2016
21. Liu J, Steinhaus M, **Garcia G**, Gulotta L. *Return to Sport after Shoulder Arthroplasty: A Systematic Review And Meta-Analysis*  
Eastern Orthopedic Association Oct 2016
22. **Garcia GH**, Degen R, Liu JN, Kahlenberg, C; Hurwit, D; Dines JS. *The “Safe Zone” Technique Improves Suture Placement And Accuracy During Arthroscopic Remplissage: A Cadaveric Validation Of A Novel Technique*  
ASES Closed Meeting Oct 2016

23. **Garcia GH**, Degen R, Liu JN, Kahlenberg, C; Dines JS. *Accuracy of Suture Passage during Arthroscopic Remplissage: What Anatomic Landmarks Can Improve It?*  
AGA Kongress Sept 2016
24. **Garcia GH**, Degen R, McCarry, M, Bui C, Lee TQ, Dines JS. *Biomechanical Comparison of Acute Hill-Sachs Reduction and Remplissage to Treat Complex Anterior Instability: The Potential Benefits Of Anatomic Reconstruction*  
AGA Kongress Sept 2016
25. **Garcia GH**, Degen R, Liu JN, Kahlenberg, C; Dines JS. *Accuracy of Suture Passage during Arthroscopic Remplissage: What Anatomic Landmarks Can Improve It?*  
Society International of Orthopedic Surgery and Traumatology Sept 2016
26. **Garcia GH**, Wu H, Liu JN Huffman GR, Kelly J. *Outcomes of The Remplissage Procedure and Its Effects on Return to Sports: Average Five-Year Follow Up*  
*American Orthopedic Society for Sports Medicine July 2016*
27. **Garcia GH**, Degen R, McCarry, M, Bui C, Lee TQ, Dines JS. *Biomechanical Comparison of Acute Hill-Sachs Reduction and Remplissage to Treat Complex Anterior Instability: The Potential Benefits Of Anatomic Reconstruction*  
*American Orthopedic Society for Sports Medicine July 2016*
28. **Garcia GH**, Liu JN, Mahony G, Sinatro A, Wu HH, Craig E, Warren R, Dines D, Gulotta L. *Hemiarthroplasty versus Total Shoulder Arthroplasty For Shoulder Osteoarthritis: A Matched Comparison of Return to Sports*  
*European Society of Sports Traumatology, Knee Surgery & Arthroscopy (ESSKA) May 2016*
29. Liu JN, **Garcia GH**, Conte S, ElAttrache N, Altchek D, Dines JS. *Revision UCL Surgery in MLB Players: Is It Higher Than We Think?*  
*Arthroscopy Association of North America. April 2016*
30. **Garcia GH**, Wu H, Liu JN Huffman GR, Kelly J. *Outcomes of The Remplissage Procedure and Its Effects on Return to Sports: Average Five-Year Follow Up*  
*Arthroscopy Association of North America. April 2016*
31. **Garcia GH**, Degen R, McCarry, M, Bui C, Lee TQ, Dines JS. *Biomechanical Comparison of Acute Hill-Sachs Reduction and Remplissage to Treat Complex Anterior Instability: The Potential Benefits Of Anatomic Reconstruction*  
*Arthroscopy Association of North America. April 2016*
32. **Garcia GH**, Wu H, Liu JN Huffman GR, Kelly J. *Remplissage Outcomes and Sports Affected: Average Five-Year Follow Up*  
*Combined Orthopedic Association Meeting April 2016*
33. **Garcia GH**, Liu JN, Mahony G, Sinatro A, Wu HH, Craig E, Warren R, Dines D, Gulotta L. *Hemiarthroplasty versus Total Shoulder Arthroplasty For Shoulder Osteoarthritis: A Matched Comparison of Return to Sports*  
*Combined Orthopedic Association Meeting April 2016*

34. **Garcia GH**, Wu H, Liu JN Huffman GR, Kelly J. *Remplissage Outcomes and Sports Affected: Average Five-Year Follow Up*  
*American Academy of Orthopedic Surgeons*                      *March 2016*
35. Liu JN, **Garcia GH**, Conte S, ElAttrache N, Altchek D, Dines JS. *Revision UCL Surgery in MLB Players: Is It Higher Than We Think?*  
*American Academy of Orthopedic Surgeons*                      *March 2016*
36. **Garcia GH**, Taylor S, DePalma B, Mahony G, Grawe B, Dines J, Dines D, Warren R, Craig E, Gulotta L. *Patient Activity Levels After Reverse Total Shoulder Arthroplasty: What Are Patients Doing?*  
*AAOS: ASES Open Specialty Day*                      *Mar 2016*      *Neer Award Finalist*
37. **Garcia GH**, Taylor S, Mahony G, DePalma B, Grawe B, Dines J, Dines D, Warren R, Craig E, Gulotta L. *Reverse Total Shoulder Arthroplasty and Work Related Outcomes*  
*German Congress of Orthopedics and Traumatology (DKOU)*      *Oct 2015*
38. **Garcia GH**, Wu H, Park MJ, Tucker B, Tjoumakaris F, Kelly J, Sennett B. *Clinical Depression And ACL Reconstruction Incidence And Impact On Functional Outcome, A Prospective Cohort Study.*  
*Eastern Orthopedic Association*                      *June 2015*      *EOA Resident Grant Award Winner*
39. **Garcia GH**, Taylor S, DePalma B, Mahony G, Grawe B, Dines J, Dines D, Warren R, Craig E, Gulotta L. *Patient Activity Levels After Reverse Total Shoulder Arthroplasty: What Are Patients Doing?*  
*Eastern Orthopedic Association*                      *June 2015*
40. **Garcia GH**, Taylor SA, Dy CJ, Christ A, Patel RM, Dines JS. *Online Resources for Shoulder Instability: What are patients reading?*  
*Eastern Orthopedic Association.*                      *Oct 2014*
41. **Garcia GH**, Park MJ, James CE, Wiegand L, Jimenez RM, Major NM, Huffman R. *MR Assessment of the Posterior Shoulder Capsule in Patients with GIRD: Comparison to Controls.*  
*Western Orthopedic Association.*                      *July 2014*
42. **Garcia GH**, Park MJ, Tjoumakaris F, Kelly J, Huffman GR. *Why The Tenodesis? A Comparison of Large Hill-Sachs Lesions Treated By Remplissage or Isolated Bankart Repair.*  
*Eastern Orthopedic Association*                      *Oct 2013*
43. **Garcia GH**, Park MJ, Baldwin K, Drummond D, Spiegel DA. *Do Findings on Post-Operative Radiographs Result in the Need for Additional Surgery after Posterior Spinal Fusion?*  
*American Academy of Orthopaedic Surgeons.*                      *March, 2013*
44. **Garcia GH**, Park MJ, Baldwin K, Drummond D, Spiegel DA. *Do Findings on Post-Operative Radiographs Result in the Need for Additional Surgery after Posterior Spinal Fusion?*  
*Scoliosis Research Society.*      *September, 2012*
45. Park MJ, **Garcia GH**, Malhotra A, Major NM, Tjoumakaris FP, Kelly JD. *The Evaluation of Arthroscopic Remplissage by High Resolution MRI: Are We Getting Our Fill?*  
*American Academy of Orthopaedic Surgeons.*                      *February 2012*

46. Park MJ, **Garcia GH**, Malhotra A, Major NM, Tjoumakaris FP, Kelly JD. The Evaluation of Arthroscopic Remplissage by High Resolution MRI: Are We Getting Our Fill? *The American Orthopedic Society for Sports Medicine. February 2012*
47. James CE, **Garcia GH**, Jimenez RM, Park MJ, Wiegand L, Huffman R, Major NM. MR Assessment of the Posterior Shoulder Capsule in Patients with GIRD: Comparison to Controls. *The Radiological Society of North America. November 2011*
48. Park MJ, **Garcia G**, Baldwin KB, Fowler J, Tjoumakaris FP, Kelly JD. Comparison of Synthetic Osteochondral Grafting and Remplissage for Engaging Hill Sachs Lesions. *American Academy of Orthopaedic Surgeons. February, 2011*
49. Park MJ, **Garcia G**, Baldwin KB, Fowler J, Tjoumakaris FP, Kelly JD. Comparison Of Arthroscopic Synthetic Osteochondral Substitute Grafting And The Remplissage Procedure For 'Engaging' Hill Sachs Lesions. *Eastern Orthopedic Association. October, 2010*
50. Park MJ, **Garcia G**, Patel A, Tjoumakaris FP, Kelly JD. Arthroscopic Remplissage with Bankart Repair for the Treatment of Glenohumeral Instability with Hill-Sachs Defects. *Philadelphia Orthopedic Society for Sports Medicine. June, 2010, Third Place Presentation*
51. Lara Ionescu, **Grant Garcia**, Gregory Lee, Roshan Shah, Robert Mauck, Brian J. Sennett. In Vitro Meniscus Integration Potential is Inversely Correlated with Tissue Maturation State *Bioengineering Division of The American Society of Mechanical Engineers. June, 2010*
52. Park MJ, **Garcia G**, Patel A, Tjoumakaris FP, Kelly JD. Arthroscopic Remplissage with Bankart Repair for the Treatment of Glenohumeral Instability with Hill-Sachs Defects. *Arthroscopy Association of North America. May, 2010*
53. Park MJ, **Garcia G**, Baldwin KB, Fowler J, Tjoumakaris FP, Kelly JD. Surgical Outcome of Arthroscopic Repair of Glenoid Defect: OATS vs. Remplissage *Arthroscopy Association of North America. May, 2010*
54. Ionescu, LC; **Garcia, GH**; Erickson, IE; Guevara, JL; Shah, RP; Sennett, BJ; Mauck, RL. In Vitro Meniscus Integration is Age Dependent. *Orthopedic Research Society. March, 2010*

#### **Poster Presentations:**

1. Joseph Liu, Anirudh K. Gowd, **Grant Garcia**, Alexander Beletsky, Brandon Cabarcas, Anthony Romeo, Brian Cole, Greg Nicholson, Nikhil N. Verma. *Factors affecting return to sport following open Latarjet procedure for recurrent shoulder instability*  
*AAOS 2020* *Mar 2020*
2. Brandon C. Cabarcas, Joseph Liu, Anirudh K. Gowd, **Grant Garcia**, Brandon J. Manderle, Alexander Beletsky, Nikhil N. Verma. *Short Term Clinical Outcomes Following Arthroscopic Suprapectoral Onlay Biceps Tenodesis with a Single Suture Anchor.*  
*AOSSM 2019* *July 2019*

3. **Grant Garcia**; Brandon Cabarcas; Anirudh K Gowd; Alexander Beletsky; Brandon Manderle; Joseph Liu; Anthony A Romeo; Nikhil N Verma. *Asymptomatic MRI Findings are Predictive of Future Shoulder Injury in Major League Baseball Pitchers.*  
AANA 2019 May 2019
4. Gowd AK, Liu JN, Cabarcas BC, Cvetanovich GL, **Garcia GH**, Verma NN. High Rates of Return to Work after Distal Tibial Allograft Glenoid Reconstruction for Recurrent Anterior Shoulder Instability: Average 5-year Follow Up  
AAOS 2019 March 2019
5. Gowd AK, Liu JN, Cabarcas BC, Cvetanovich GL, **Garcia GH**, Verma NN. Current Concepts in Operative Management of Acromioclavicular Dislocation: Systematic Review and Meta-Analysis of Operative Techniques.  
AAOS 2018 – Scientific Exhibit March 2019
6. **Garcia GH**, Gowd AK, Liu JN, Malaret M, Carbarcas B, Romeo AA. Return to Sport Following Hemiarthroplasty with Concentric Reaming vs Total Shoulder Arthroplasty: A Matched Pair Analysis  
SECEC – ESSSE Congress Sept 2018
7. **Garcia GH**, Degen R, Liu JN, Kahlenberg, C; Dines JS. *The “Safe Zone” Technique Improves Suture Placement During Remplissage*  
AOSSM Annual Meeting July 2017
8. **Garcia GH**, Degen R, Liu JN, Johnson CC, Wong A, Dines D, Gulotta L, Dines J. Higher Critical Shoulder Angle Increases The Risk Of Re-Tear After Rotator Cuff Repair  
ASES Closed Meeting Oct 2016
9. Hurwit DJ, **Garcia GH**, Degen RM, Berkanish P, Tetreault D, Williams RJ. *Combined ACL reconstruction and osteochondral allograft use for ACL deficiency and osteochondral defects: outcomes and return to sports*  
International Cartilage Repair Society Sept 2016
10. **Garcia GH**, Fu M, Webb M, Dines D, Craig E, Gulotta L. *The effect of Obesity and Metabolic Syndrome on Early Complications and Length of Stay After Total Shoulder Arthroplasty*  
Society International of Orthopedic Surgery and Traumatology Sept 2016
11. **Garcia GH**, Liu JN, Mahony G, Sinatro A, Wu HH, Craig E, Warren R, Dines D, Gulotta L. *Hemiarthroplasty versus Total Shoulder Arthroplasty For Shoulder Osteoarthritis: A Matched Comparison of Return to Sports*  
American Orthopedic Society for Sports Medicine July 2016
12. **Garcia GH**, Mahony G, Fabricant P, Wu H, Warren R, Craig E, Gulotta L. *Sports and Work Related Outcomes after Shoulder Hemiarthroplasty*  
European Society of Sports Traumatology, Knee Surgery & Arthroscopy (ESSKA) May 2016
13. **Garcia GH**, Fu M, Warren R, Craig E, Gulotta L. *Malnutrition: A Marker for Increased Complications, Mortality and Length of Stay After Total Shoulder Arthroplasty*



*European Society of Sports Traumatology, Knee Surgery & Arthroscopy (ESSKA) May 2016*

14. **Garcia GH**, Taylor S, DePalma B, Mahony G, Grawe B, Dines J, Dines D, Warren R, Craig E, Gulotta L. *Patient Activity Levels After Reverse Total Shoulder Arthroplasty: What Are Patients Doing?* *American Academy of Orthopaedic Surgeons* Mar 2016
15. Liu JN, **Garcia GH**, Conte S, ElAttrache N, Altchek D, Dines JS. *Revision UCL Surgery in MLB Players: Is It Higher Than We Think?* *ASES Closed meeting* Oct 2015
16. **Garcia GH**, Taylor S, DePalma B, Mahony G, Grawe B, Dines J, Dines D, Warren R, Craig E, Gulotta L. *Patient Activity Levels After Reverse Total Shoulder Arthroplasty: What Are Patients Doing?* *The American Orthopedic Society for Sports Medicine.* July 2015
17. **Garcia GH**, Wu H, Park MJ, Tucker B, Tjoumakaris F, Sennett B, Kelly J. *Prevalence of Clinical Depression Among Patients Undergoing ACL reconstruction and Correlation with Functional Scores.* *Western Orthopedic Association* Aug 2013
18. **Garcia GH**, Park MJ, Wu H, Sennett B, Tjoumakaris F, Kelly J. *Prevalence of Clinical Depression Among Patients Undergoing ACL reconstruction and Correlation with Functional Scores.* *Arthroscopy Association of North America* April 2013
19. **Garcia GH**, Park MJ, Tjoumakaris F, Kelly J, Huffman GR. *Why The Tenodesis? A Comparison of Large Hill-Sachs Lesions Treated By Remplissage or Isolated Bankart Repair.* *Arthroscopy Association of North America* April 2013
20. McHale K, **Garcia G**, Park MJ, Kelly JD. *Arthroscopic Localization of the Coracohumeral ligament.* *Arthroscopy Association of North America* April 2013
21. **Garcia GH**, Park MJ, Kelly J, Huffman GR. *Why The Tenodesis? A Comparison of Large Hill-Sachs Lesions Treated By Remplissage or Isolated Bankart Repair* *American Academy of Orthopaedic Surgeons.* March, 2013, *Selected for sports/arthroscopy guided poster tour*
22. McHale KJ, Park MJ, **Garcia GH**, Kelly JD. *Arthroscopic Localization of the Coracohumeral ligament.* *Philadelphia Orthopedic Research Society.* June, 2012
23. **Garcia GH**, Park MJ, Baldwin K, Drummond D, Flynn J, Spiegel DA. *Do We Need Post-Operative X-Rays? Radiographic Findings and Their Correlation to Complications After Posterior Spinal Fusion in Pediatric Patients* *Philadelphia Orthopedic Research Society.* June, 2012
24. **Garcia GH**, Park MJ, James CE, Wiegand L, Jimenez RM, Major NM, Huffman R. *MR Assessment of the Posterior Shoulder Capsule in Patients with GIRD: Comparison to Controls.* *Arthroscopy Association of North America.* May, 2012

25. Park MJ, **Garcia G**, Patel A, Tjoumakaris FP, Kelly JD. Arthroscopic Remplissage with Bankart Repair for the Treatment of Glenohumeral Instability with Hill-Sachs Defects. *American Academy of Orthopaedic Surgeons. March, 2010*

### **Courses**

- 2018 Mitek/Depuy Fellows Course  
2018 Vail Multi-ligamentous Symposium  
2018 Arthrex Fellows Course  
2018 18<sup>th</sup> International Sports Medicine Fellows Hip and Cartilage Conference  
2017 Tournier Fellows Course  
2017 AAOS Orthopedic Coding and Reimbursement Course  
2017 AOSSM Sports Fellows Course  
2015 AANA Master Experience Course: Fundamentals in Arthroscopy  
2013 AO Basic Principles

### **Research / Teaching Experience**

- 2011 LLOS Musculoskeletal Anatomy Lecture Series, University of Pennsylvania School of Medicine  
*Co-Founder and Speaker*
- 2011 First Year Anatomy Course, University of Pennsylvania School Of Medicine  
*Teaching Assistant*
- 2009 Mckay Orthopedic Research Laboratory, University of Pennsylvania  
*Research Assistant in Orthopedic Surgery*